

**#LASTRONG**



**GALA Community**

**LOS ANGELES**

**Wildfires Resource Guide**

# IMPORTANT INFORMATION

## @WatchDutyApp

Real-Time app with evacuation map & directions

## @readylacounty

Register to receive phone, email and text alerts

[ready.county.gov/emergency-notifications](https://ready.county.gov/emergency-notifications)

## @losangelesfiredepartment

Up-to-date information and alerts via [LAFD.org/alerts](https://LAFD.org/alerts)

## @mutualaidla

Resource guide for emergency services, volunteering, donations,  
and other resources

## LA County Recorder

LA County residents directly impacted by the fires can request property and vital records (i.e., birth, death, marriage) free of charge to help with recovery efforts.

Call 800-201-8999 (Option 1 followed by Option 2) or

Email [recorder@rrcc.lacounty.gov](mailto:recorder@rrcc.lacounty.gov)



# HUMAN EVACUATION SHELTERS

## Westwood Recreation Center

1350 South Sepulveda Blvd

Los Angeles, Ca 90025

## El Camino Real Charter High School

5440 Valley Circle Blvd

Woodland Hills, CA 91367

## Pasadena Convention Center

300 E. Green Street

Pasadena, CA 91101



FRIENDS OF  
GALA

# Animal Evacuation Shelters

Los Angeles Equestrian Center

480 West Riverside Drive

Burbank, CA 91506

Pierce College Equestrian Center

7100 El Rancho Drive

Woodland Hills, CA 91367

Rose Bowl Stadium

1001 Rose Bowl Drive

Pasadena, CA 91103

Pasadena Humane Society

361 South Raymond Avenue

Pasadena, CA 91105



# VOLUNTEER OPPORTUNITIES

## American Red Cross Los Angeles Region

Support those displaced by the wildfires by volunteering at disaster shelters. For more information, please visit: [www.redcross.org/local/california/los-angeles/volunteer](http://www.redcross.org/local/california/los-angeles/volunteer)

## County of Los Angeles

Disaster response and recovery efforts need various volunteers, for more information, please visit: [volunteer.lacounty.gov](http://volunteer.lacounty.gov)

## Canine Rescue Club

Support needed for displaced pets and animals. For more information, please visit: [caninerescue.club/foster](http://caninerescue.club/foster)



## AIR QUALITY - LA TIMES

“exposure can increase the risk of asthma, preterm birth, lung cancer, dementia and lower IQ in children.

In the aftermath of a wildfire, research shows that exposure to smoke has been associated with higher rates of emergency room visits for heart disease, blood clots and even strokes. This is in part because wildfire smoke can make blood more likely to clot.

For those who aren't in an evacuation zone, staying inside and closing doors and windows can help minimize indoor pollution. The state EPA recommends using an indoor air cleaner anytime the air quality index exceeds 150, or if you see or smell smoke.

Wildfire smoke can travel hundreds or thousands of miles, so even those from the first...”

<https://www.aqmd.gov/home/air-quality/wildfire-health-info-smoke-tips>



South Coast  
AQMD

WILDFIRE



## BEFORE A WILDFIRE-BE PREPARED

GET READY FOR WILDFIRE SMOKE EVENTS BY PLANNING AHEAD! HERE'S WHAT YOU CAN DO TO PREPARE:



### KNOW YOUR AIR QUALITY:

Download the South Coast AQMD app and sign up for alerts at [www.AirAlerts.org](http://www.AirAlerts.org). Download the AQMD Mobile App at [www.aqmd.gov/mobileapp](http://www.aqmd.gov/mobileapp)



### FILTERS AND AIR CLEANERS:

If you have an A/C system, change your filter often (MERV 13 +), or run a portable HEPA purifier.



### RESPIRATOR MASKS:

Have a few disposable respirators available (i.e. N-95 or P-100).



### MEDICAL PLAN:

If you have heart or lung disease (such as asthma), consult your doctor to make a plan and keep 5+ days of medication on hand.



### GENERATOR SAFETY:

If you plan to use a generator during a public safety power shutoff, never use it inside your home. Make sure it's at least 20 ft away from your house outdoors.



@southcoastaqmd





## DURING A WILDFIRE – PROTECT YOURSELF

IF YOU SMELL SMOKE OR SEE ASH DUE TO A WILDFIRE, HERE ARE WAYS TO LIMIT YOUR EXPOSURE:



Remain indoors with windows and doors closed or seek alternate shelter.

Avoid using a whole-house fan or a swamp cooler with an outside air intake.



Avoid vigorous physical activity.



If you must be outdoors in smoky conditions, keep it brief, and use a disposable respirator (N-95 or P-100).



### DURING A WILDFIRE



Run your A/C if you have one, change your filter often (MERV 13 +), or run a portable HEPA purifier.



Avoid using indoor or outdoor wood-burning appliances, including fireplaces, and combustion sources like candles and incense.



Wildfire smoke can cause unhealthy air quality in areas many miles away from the fire. Smoke conditions change quickly, so check your air quality using the South Coast AQMD app or on our interactive map at AQMD.gov. Older adults, young children, pregnant women, and people with heart diseases or lung diseases (such as asthma) may be especially sensitive to health risks from wildfire smoke.





WILDFIRE



## AFTER A WILDFIRE – SAFE CLEAN-UP WHEN CLEANING UP ASH:



Wear a tight-fitting disposable respirator (N-95 or P-100).



Wear goggles, gloves, long-sleeved shirts, long pants, shoes and socks to avoid skin contact.



Mist lightly with water and then sweep gently with a broom or wet mop.



Collect ash into a plastic bag and dispose in the regular trash.



Wash off ash from vehicles and outdoor toys.



Inside your home, use a vacuum with a HEPA filter or similar industrial ones with disposable collection filter bags.



Direct ash-filled water to ground areas and away from the storm drains. Don't use leaf blowers!



Clean ash off pets.

Take precautions when cleaning up ash from wildfires. Ash particles are usually bigger than smoke particles, but can still cause health problems. People with heart or lung diseases, older adults, children, and pregnant women should use special caution around ash.

**ATTENTION**

**LOS ANGELES**

**RESIDENTS**

**Check evacuation sites**

**PROTECT.GENASYS.COM**



If you're near a burn area,

**FOLLOW**

**Instructions**

from LOCAL OFFICIALS

If told to do so,

**evacuate**

**IMMEDIATELY**

**TEXT "SHELTER" &**

**Your Zip to 43362**



Source: FEMA.GOV

# GO BAG CHECKLIST:

- Three (3) day supply of non-perishable food
- Three (3) gallons of water per person
- Map (print) marked with at least two evacuation routes
- First-Aid Kit(s), prescriptions or special medications
- Change of Clothes
- Extra eyeglasses or contact lenses
- Cash, credit cards, and AAA card.
- Flashlight, extra batteries and battery powered radio
- Sanitation supplies & toiletries
- Copies of important documents (birth certificates, passports, ID's, Driver's License, Insurance, etc.
- Smartphone & chargers, computer & chargers
- Pet food and water





**Thank you to all those  
who donated to  
the GALA Community  
Fire Relief Fund!  
Please stay safe.  
XO, Grateful hearts**

**@\_FriendsofGALA**